

## Sumo Experience Safety

**Although Sumo fat-suit fighting is fun it should be remembered that it is a physical activity that features physical contact!**

People with the following conditions should not participate in fat-suit combat:

- expectant mothers,
- those with existing heart, neck or back conditions,
- those recovering from recent surgery or injury,
- those under the influence of alcohol or drugs.

The following must also be adhered to:

- Fat-suits must be used only on the safety mat when centred in a 22ft by 22ft clear, flat area, and when both combatants have neck-brace and helmet fitted.
- Shoes, glasses, jewellery, badges, etc. should be removed before fighting.
- Punching and scratching are not permitted.
- A fallen combatant must never be lifted by the head.
- Adults must not fight children (age 16 and under)
- Male adults must not fight female adults
- Sumo fat suit fighting must take place on the sumo mat and overspill area, but this must not be sited on concrete, in a car park of similar area
- This activity can take place on licensed premises but not in Nightclubs or premises holding late night extension where there is a dance floor and where dancing is permitted.

Advice: The face can be vulnerable to impact with both the face of the opponent and (if the combatant is pushed off the safety mat) the ground. So participants should be aware of the need to turn their head slightly so that the padded helmet can take any impact.

Sumo Experience is covered by £5,000,000 public liability insurance, but this does not cover guests under the influence of alcohol. Therefore if Sumo Experience is booked for an event where drinking is involved, Sumo wrestling will need to be the first activity taking place before any alcohol has been consumed.

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*On rare occasions equipment may be hired without the supervision of the Sumo Experience host. In this event the hirer will need to read and sign the following disclaimer.*

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### **DISCLAIMER**

Please note that all persons participating in Sumo Experience fat-suits do so at their own risk.

The hirer will be responsible/liable for any damage or injury occurring from, or as a result of, misuse, reckless use or participants not following the safety instructions above. Safe direction and organisation is the responsibility of the hirer.

These guidelines are for the safety of all people using this equipment, and it is responsibility of the hirer to ensure they are fully adhered to at all times.

I have read the above agreement and fully understand and accept the conditions as above.

I HEREBY AGREE TO ABIDE BY THE TERMS AND CONDITIONS LISTED ABOVE

HIRE DATE

SIGNED

NAME IN FULL

COMPANY (where appropriate)