

Sumo Experience Safety

Although Sumo fat-suit fighting is fun it should be remembered that it is a physical activity that features physical contact!

Persons with the following conditions should not participate in fat-suit combat:

- Expectant mothers,
- Those with existing heart, neck or back conditions,
- Those recovering from recent surgery or injury,
- Those who are visibly intoxicated through alcohol, drugs or any other intoxicating substance.

The following must also be adhered to:

- Fat-suits must be used only on the safety mat when centred in a 22ft by 22ft clear, flat area, and when both combatants have neck-brace and helmet fitted
- Footwear and spectacles must be removed prior to using the equipment
- No food, drink, chewing gum or smoking is permitted on the equipment
- Punching and scratching are not permitted.
- A fallen combatant must never be lifted by the head.
- Adults (over 17) and Children (under 17) are not permitted to use the equipment at the same time, except where the age gap is no more than 4 years and within the supervisor’s acceptable judgement
- The sumo mat and overspill area must not be sited on concrete, in a car park, or similar area

Advice: The face can be vulnerable to impact with both the face of the opponent and (if the combatant is pushed off the safety mat) the ground. So participants should be aware of the need to turn their head slightly so that the padded helmet can absorb any impact.

Sumo Experience is covered by £5,000,000 public liability insurance, but this does not cover guests under the influence of alcohol. Therefore if Sumo Experience is booked for an event where drinking is involved, Sumo wrestling will need to be the first activity taking place before any alcohol has been consumed.

On rare occasions, equipment may be hired without the supervision of the Sumo Experience host. In this event the hirer will need to read and sign the following disclaimer.

DISCLAIMER

Please note that all persons participating in Sumo Experience fat-suits do so at their own risk.

The hirer will be responsible/liable for any damage or injury occurring from, or as a result of, misuse, reckless use or participants not following the safety instructions above. Safe direction and organisation is the responsibility of the hirer.

These guidelines are for the safety of all persons using the equipment, and it is responsibility of the hirer to ensure they are fully adhered to at all times.

I HEREBY AGREE TO ABIDE BY THE TERMS AND CONDITIONS LISTED ABOVE

HIRE DATE:

SIGNED:

NAME IN FULL:

COMPANY (where appropriate) :